

Dimensions of African American Culture

Spirituality	Approach to life vitalistic, non material forces influence life.
Harmony	Fate interrelated with other elements/ schemes, human kind and nature harmonically conjoined.
Movement	Emphasis on interweaving of movement, rhythm, percussion, music, dance; central to psychological health.
Verve	Propensity for high levels of stimulation, energetic and lively action.
Affect	Emphasis on emotional and feelings; sensitivity to emotional cues, tendency to be emotionally expressive.
Communalism	Commitment to social connectedness; social bonds and responsibility transcend individual privileges
Expressive Individualism	Cultivation of distinctive personality and a proclivity for spontaneous, genuine personal expression.
Oral Tradition	Preference for oral/aural modes of speaking and communication; speaking and listening treated as performances.
Social Time Perspective	Orientation in which time is treated as passing through social space; recurring, personal and phenomenological.